

Evening Standard

ES



magazine

7 March 2008

MEN'S SPECIAL

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**BOY
WONDERS**
Britain's catwalk superheroes

JOURNEYS TO THE EDGE OF THE WORLD **PLUS** MANBAGS, WALLETS & ALL THAT JAZZ

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BeautySpy

Edited by Sophie Goodwin

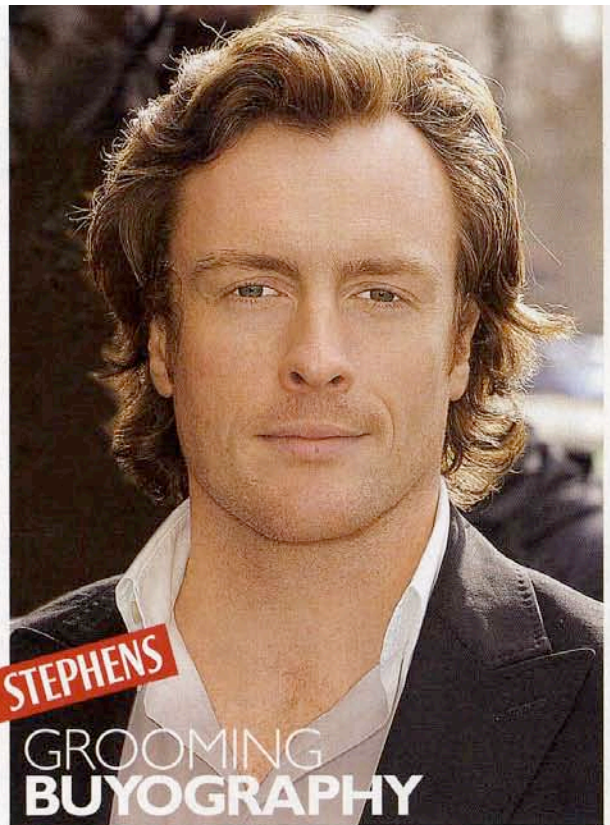
SEEKING...

PRE-SHAVE PRIMERS

Shaving can be a nightmare if you have sensitive skin so apply an oil, cream or liquid primer first. **Clinique Skin Supplies for Men Electric Shave Primer**, £10.50 (0870 034 2566).

St James of London's shaving range comes in pleasingly subtle scents. Give this **Pre-Shave Oil Refreshing Mandarin & Patchouli** a go. £18 (www.hoffi.co.uk).

Anthony Logistics products will appeal to most men - they're functional and simply packaged. **Electric Pre-Shave Solution**, £12 (www.mankind.co.uk).



TOBY STEPHENS

GROOMING BUYOGRAPHY

Actor Toby Stephens, 38, lives with his wife, actress Anna-Louise Plowman, and their nine-month-old son Eli in the East End

I shave with... Noxema shaving foam, £2.95, at Boots, and a Gillette M3 Power Nitro razor, £8.99 (00800 4455 3883). I also have a Trumper Alum Block that I'm very fond of, £11.50 (020 7272 1765).

I protect my skin in the sun with... MLab Anti-Ageing Day Treatment SPF15 lotion, £100, at Harrods (020 7730 1234).

I keep fit by... A combination of yoga and Beutcamp Pilates - to which I am a true convert - at Westbourne Studios (020 7524 7510).

I get my hair cut... By a dear family friend, Patricia Melbourne, who's cut my hair since I was a child. She works at Motcomb Green in Knightsbridge, SW1. Men's cut, from £30 (020 7235 2229).

I never fly without... My favourite face moisturiser, currently MLab, otherwise I get off the plane looking haggard. MLab Anti-Ageing Treatment cream, £220, at Harrods.

My favourite hair products are...

Aveda men's Pure-performance Shampoo, £12.50 (0870 034 2380), and Bumble and Bumble Sumotech hair putty, £17.50 (020 7836 0818).

My signature aftershave is... I don't wear one but I have a fetish for colognes. I love anything by Comme des Garçons, especially their Incense range, which I collect. Mostly I wear Kyoto, £35 (020 7518 0680).

My best grooming tips are... Have a massage, preferably a deep-tissue one, for at least an hour and a half; and use Liz Earle Naturally Active Men's Skincare Face and Body Wash - it smells fantastic. £10 (www.lizearle.com).



'Most guys use skincare, even if they don't admit it. You get dehydrated when you're travelling - it makes sense'

Clive Owen confesses

TRICK OR TREATMENT?
There's no shortage of bright white smiles on the red carpet, and teeth whitening can be subtly done to suit most men. Having decided to sort out my stained teeth - too much tea, red wine and smoking - I visited Swiss Smile. A brief consultation confirmed my teeth could be treated (95 per cent of cases can be). In three 15-minute pain-free sessions a special gel was applied before my teeth were exposed to a lamp. After a clean, I emerged gleaming and younger-looking. Examination and X-rays, £68; whitening, £390 (£195 special offer until 1 May). 10 Brook Street, W1 (0845 094 3003). RH

In the heart of the City, brand-new barber Hoffi offers a shave, massage or facial and a whisky.

141 Fenchurch Street, EC3 (020 7623 1474).

THE INSIDER Men's shirts

CASH

A good supply of shirts is essential: stock up at Zara. £19 (020 7534 9500).

CHEQUE

Thomas Pink shirts come in every colour and pattern imaginable. Choose stripes or checks or stick to block colour. £85 (020 7498 3882).

CREDIT

The Shop at Bluebird, 350 King's Road, is a must for well-dressed men. Snap up this Comme des Garçons shirt - expensive tailoring shows. £185 (020 7351 3873).

